



BACK STITCH

- Backstitch is one of the most basic needlework stitches.
- It forms a continuous line like you'd get when using a sewing machine.
- May be worked over any number of threads and in any direction.
- Used to form an outline or detail in a design.
- Any fibers can be used but need to be chosen to suit the purpose required.
- There are different variations – Running Backstitch, Threaded Backstitch.

